



continuing the journey of

transforming grace:

transforming presence

Reflection for the Fourth Week of Lent | March 10, 2024

Opening Song:

May you Find A Light, Josh Garrels

Opening Prayer

Susan Durber, from *Rage and Hope*, 75
Prayers for a Better World

Creator God,
Show us how to bake
in the Kingdom of God;
Not the flatbread of a cold equality
that is reasonable, clinical and clean,
but in the yeasted, enriched dough
of a joyful, generous
and overflowing abundance.

Loving Jesus,
who broke unleavened bread
at your Last Supper,
and who then, risen from death,
shared bread at your disciples table
so that their eyes were opened,
come to us in our time,
and open our eyes to imagine new
the kingdom of God.

Breath of God, Holy Spirit,
Revive the dull, leaden dough
of our tired world,
and lighten our justice making,
with bubbles of confident hope,
that we may do our work,
that we may pound and knead,
as we wait and long
for the rising of a new world,
in which all are fed,
and all are full,
with the richness of life.

Scripture

John 3:21

'Whoever lives the truth comes to the light, so that the works may be clearly seen as done in God.'

For Thought

Based on a question from Maria's Shriver's, *Sunday Paper* (3.3.24), take a few moments to go inward and consider, "What was the first thing that you remember mattering to you?"



Listen and Reflect

The psychology of political polarization |
Conservatives vs. Liberals

For Reflection and Dialogue

This week, listen for the language and images which encourage harm to a group or individual who is the "other."

Imagine a person in your family, community, neighborhood or organization with whom you experience some fear when engaging in a conversation about what matters to you.

Instead of imagining the conflict, simply be present in silent contemplation. Share the experience.

Closing Prayer

from Catholic Relief Services,
Prayer of Transformation

Lord, in you I am transformed
And transformed still again.
When the discouraged cry for hope, make me hope.
When the hungry cry for bread, make me bread.
When the thirsty cry for water, make me water.
When the suffering cry for help, make me help.
When the sick cry for healing, make me healing.
When the bound cry for freedom, make me freedom.
When the outcasts cry for love, make me love.

Closing Song

I am Willing, Holly Near